## WATERFORD MIDDLE SCHOOL

# Summer Football Skills Camp 2024

Skills Camp is an introduction to Middle School football which includes:

# August 13th and August 14th

- Individual Skill Development
- Offensive and Defensive Position Training
- Tackling Technique
- Speed and Agility Training

## Cost:

Registered Online By 8/12: \$40

At the door: \$50 Cash only!

Who: Boys Grades 6-8 Time: 6:00pm-8:00 pm Where: Mason Football Field

#### **Register Online:**

www.wsdmi.org/learn

**Activity #: 3323.400** 

### **Register by Mail:**

Mail to:

Mason Middle School ATTN: Coach Jayson 3835 W. Walton BLVD Waterford, MI 48329

Checks Payable:

WATERFORD SCHOOL DISTRICT

Campers will get team and individual skills development instruction. Campers will learn and practice the fundamentals of the game of football. Campers will be taught the proper and safe way to tackle. Skill instruction will be based on the camper's offensive and defensive position. Campers will also go through speed and agility training to help promote their athleticism for football. Campers will be introduced to basic team offensive and team defensive strategies.

## **Questions:**

Please contact Coach Jayson jaysoj01@wsdmi.org